



2026 FEATURED TECHNOLOGY PROGRAMS

Newly updated and taught in plain language—no prior tech knowledge required.

SAFETY & CONFIDENCE

Build trust. Reduce fear.

- **Spotting Scams & Staying Safe Online**
Our most important program. Covers current scams, red flags, and practical protection strategies.
Ideal for senior centers, libraries, housing communities, and faith groups.
 - **Online Shopping Tips & Safe Buying**
Learn how to spot fake reviews, manage returns, and avoid delivery and payment scams.
Strong seasonal tie-ins: holidays, Prime Day, tax refund season.
 - **Passwords & Privacy: What You Really Need to Know**
Straightforward guidance for staying secure without confusion.
No tech jargon. No password shaming.
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EVERYDAY TECH MADE EASIER

Reduce frustration. Build confidence over time.

- **Tech Essentials for Older Adults**
A confidence-building overview of everyday technology—what matters, what doesn't.
Ideal for new partners or broad audiences.
- **Email Made Easy: Organization, Spam Control & Attachments**
Cut down junk mail, avoid missed messages, and manage attachments with confidence.
Practical, approachable, and highly requested.
- **Doctor Portals & Health Insurance Made Simple**
Understand patient portals, online appointments, and insurance sites—without fixing the system.
Often funded through wellness or health budgets.

■ INDEPENDENCE & ONGOING SUPPORT

Encourage autonomy while offering help when needed.

- **Travel Apps & Public Transit: Getting Around with Ease**
Use apps to reduce stress and surprises when traveling locally or regionally.
Includes MBTA-friendly examples when applicable.
- **Tech Help Lab: Bring Your Devices & Questions**
Open “office hours” for one-on-one help with phones, tablets, and laptops.
Perfect add-on after any tech talk.
Custom pricing based on group size.

■ CURRENT TOPICS & WHAT’S NEXT

Engaging, timely subjects—best after trust is established.

- **Artificial Intelligence Awareness: A Friendly Update**
A plain-English explanation of AI—what it is, what it isn’t, and why it matters.
- **Using ChatGPT & AI Tools in Daily Life**
Practical uses for writing, planning, and everyday questions.

💰 PRICING

- **In-Person Program:** \$300-\$350
- **Virtual (Live):** \$150
- **Tech Help Lab:** Inquire about rates
- Volume discounts available

See All Available Programs At

Senior.com

📌 BOOKING

To book a program or check availability, [contact us](#) using the information below.
We’re happy to help you select the right program or build a custom session for your group.